

V. R. Bhatia

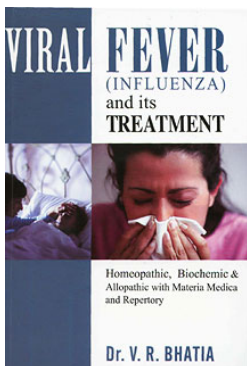
Viral Fever (Influenza) and its Treatment

Reading excerpt

[Viral Fever \(Influenza\) and its Treatment](#)

of [V. R. Bhatia](#)

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CHAPTER—1

ALLOPATHIC VIEW

In order to do honour to our elder brother the Allopath let us first of all consider what his system of medicine (Allopathy) has to say about the subject "Influenza".

"Influenza", "La Grippe" or, in common parlance, simply "Flu" is an acute infectious disease spread by a filterable virus. "Virus" is a Latin word meaning poison but is used specifically as a term for a group of pathogens which are barely visible or invisible under the ordinary microscope ; they are generally believed to be living organisms or chemical entities on the borderline between the living and the non-living, causing disease in plants, bacteria, insects, animals and man. With few exceptions, they are capable of passing through fine filters that can retain bacteria. They are incapable of growth or reproduction apart from living cells. They are composed of a protein structure units. RNA (Ribo-nucleic-acid) and DNA (De-xyribo-nucleic-acid) are the two main groups with many sub-groups which are classified according to their origin, mode of transmission and manifestations produced in the host. Many are named for the *geographic* locations where they were first isolated. Among the groups one such sub-group is known as "myxovirus" which has special affinity for certain mucins and have ability to cause influenza or influenza-like infections in man, other primates, and domestic mammals and even poultry. They are transmitted by means of respiratory secretions of infected hosts.

Types of Influenza :

Types A, B, C and D of influenza virus are recognised. They differ in antigen structure and do not have cross—immunity. They have low resistance to environmental influences

and perish in a few hours at room temperature. When acted upon by disinfectants, or exposed to direct light of the sun or heated at 60°C, perish in 5 to 10 minutes.

Influenza A viruses are the most important pathogens among the influenza viruses, infecting man and many domestic animals and birds. This type causes influenza and sometimes pneumonia and also naturally infects ferrets and pigs. Considerable changes in the antigen structure have taken place since 1933. A (1933-46), A-1 (1947-56) A-2 (1957-to date).

Influenza B virus causes influenza and sometimes pneumonia in man, the disease being more endemic than that caused by influenza A virus.

Influenza C virus is thought to cause sporadic, mild influenza-like infections in man.

Para—influenza viruses D, HA 1, HA 2, C A are other varieties.

History :

Influenza must be having a very remote antiquity, since humanity has been suffering from diseases of respiratory system and fever called catarrhal fever but it was recorded clearly for the first time in the fourteenth century and since the early decades of that century, it has been occurring in epidemics and pandemic with varying intervals and duration as also severity. Some notable years are 1837, 1847, 1890, 1916, 1918-19, 1957, 1960, 1964, 1968. Endemic and sporadic cases are not to be accounted for.

The 1918-19 pandemic was the severest.

Occurrence :

Sporadically, epidemically and pandemically, influenza has now been visiting the world. It usually occurs in epidemic form many people in the community being struck at the same time. The epidemic generally reaches its peak in 2 or 3 weeks, then

CHAPTER XII

SUMMARY

According to the United State Public Health Service, Influenza type A tends to flare up every two or three years. Epidemiology had been reducing the cyclic periods of Influenza from 20 years to 10 years and then shorter but this periodicity stands at 2 or 3 years. We are afraid Influenza might become an annual feature, the reason being the fertilizers, the fears, antibiotics, atomic proliferation and at the top of all areal spraying of crops and weeds with deadly insecticides. Air carries the poison and its aura, the dead spores, virus and bacteria decomposing dead insects. Bacteria and virus are sent by nature as scavengers. When they are killed, nature has to send more virile species of them to cleanse the decaying tissue and matter. Anyway, the relation between bacteria, virus and individual disease is not conclusive yet. The proper way would be (a) the resort to homoeopathic treatment, (b) use of natural compost manure instead of chemical fertilisers, so that (i) the crops do not get diseased and (ii) poison is not absorbed by the vegetables fruit and food which human beings consume ! (c) dairy farming so that people get (i) better nourishing diet to build up resistance against disease and (ii) milk the perfect food is substituted for staple foods in which case the milch cattle shall have absorbed most of the poison and borne the brunt of insecticides as (iii) the milk fat (butter or ghee) are the best antidotes to arsenical poison rather making arsenic a tonic for human body by way of absorbing more fat.

On appearance of symptoms i. e. (i) malaise, (ii) Temp (103) (iii) Aching of limbs and back, (iv) indigestion, it should be regarded as a visitation of influenza. Then :—

(i) Take to bed at once ; (ii) Take hot liquid nourishing diet, sweet if preferred (should not starve an influenza or

treat it on foot, avoid cold or hot bath and a change of temperature. Never take Aspirin treatment).

Dr. Jugal Kishore, Honorary Physician to the President of India in his presidential address to the 17th All India Homoeopathic Conference, Hydra bad held on 22nd December, 1968 said :—

"Natural processes of immunity against common infectious diseases were being seriously interfered with by the wrong use of some of the antibiotics.

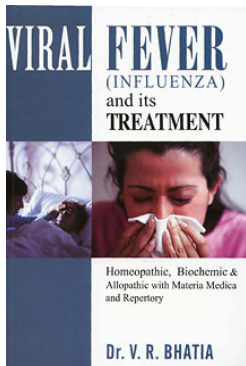
"When the pharmaceutical industry becomes the dictator of the doctor's conscience and intellect, man is like a child possessing atomic devices.

The present medical attack on the bacterial and viral infections was premaire in that the relationship between the causative perms and individual sickness was yet to be understood properly. Hence the chemical warfare against bacteria and virus has created more problems than it has solved.

Illustrating his point, Dr. Kishore noted that many research workers had suggested that people came down with influenza because "they either 'Need to be ill or want to be ill—sometimes as a retreat from excessive strain."

"This was a sort of defensive reaction by the human organism and it- was senseless to pump in antibiotics and other powerful drugs in such cases.

Infective conjunctivitis, so called "EYES FLU" needs "EUPHRASIA" or "ALLIUM CEPA" as per indications.



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