

Todd Rowe

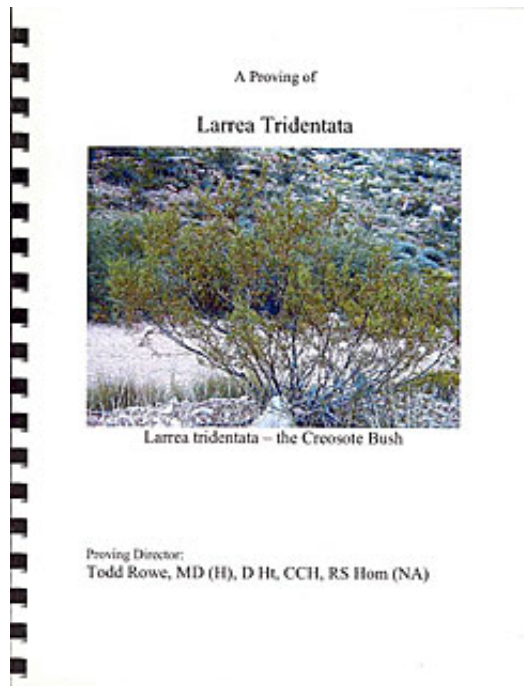
A Proving of Larrea Tridentata

Leseprobe

[A Proving of Larrea Tridentata](#)

von [Todd Rowe](#)

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Larrea Tridentata

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Introduction

A proving of *Larrea tridentata* was performed in Phoenix, Arizona at the Desert Institute School of Classical Homeopathy, in the spring of 2003. The proving was conducted by the Society for the Establishment of Research in Classical Homeopathy (SERCH).

The proving consisted of eighteen subjects who began taking *Larrea tridentata* 30C on May 1, 2003. The proving was double blinded; which means that none of the provers, the proving supervisors, or the proving administrators knew the identity of the remedy until the proving was completed.

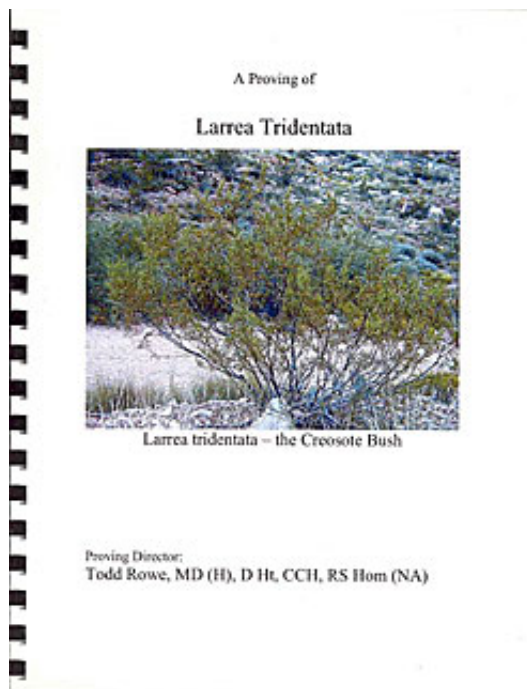
The instructions were to take a single daily dose for a maximum of three days, but to stop after any symptoms became apparent. Participants journaled the symptoms over the space of the next month. Additionally, the supervisors kept a separate journal based on the daily interaction with their provers. Informed consent was obtained from each participant.

Symptoms were reviewed in an exit group meeting one month later. That session was videotaped. Journals (both of the provers and supervisors) were reviewed separately. Any participant who had residual symptoms or improvement following the one-month interval was followed subsequently until the symptoms resolved (up to six months). There were three male participants and 15 female participants. Their ages ranged from 18-65 years old. Each prover was supervised throughout the proving.

The specimen was obtained from the Desert Botanical Garden in Phoenix Arizona where the specimen was identified by their botanist. The specimen consisted of blossoms obtained from the plant during spring blooming season in February of 2000. 50 grams of flower were collected at 2PM. A mother tincture was prepared at the Desert Institute of Classical Homeopathy. The remedy was then potentized to a 30C potency using standard potentization methods - 100% ethyl alcohol was used with 30 succussions per dilution.

Each prover's case was taken prior to the onset of the proving. There were ten proving supervisors who followed the provers closely over the month following the start of the proving. The proving supervisors reported directly to the proving director. This was a full Hahnemannian proving.

The remedy is available from the Hahnemann Pharmacy. The name given to the remedy is *Larrea tridentata* (Larr-t).



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