

Thomas Cotter

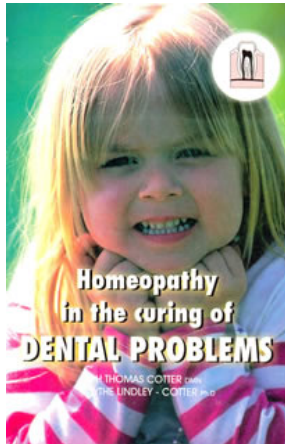
Homeopathy in the Curing of Dental Problems

Leseprobe

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von [Thomas Cotter](#)

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Introduction

Dental problems probably cause more pain and suffering on a wide spread basis than any other common ailments. As an industry, however, in the United States, more dentists are having to share fewer patients as they have made themselves, with the help of improved nutrition and hygiene, a diminishing industry.

Our literature and jokes are full of references to the fear of visiting the dentist, and can be remembered by those of us over 40 as a truly painful part of our lives. Today, with sodium fluoride, better instruments for self care, and a heightened awareness of the value of an attractive smile, many of the horrors of dentistry are reduced to maintenance and cosmetic features. Few things can do so much for self-image and the sense of personal well-being as changing a mouth that has to be covered when one smiles, to a smile you can't wait to show.

About twenty years ago, I developed a severe ache in my lower jaw and called a local dentist. His schedule was full and he couldn't see me until about five hours later that afternoon. He offered to call in a prescription for a pain killer, but since I was bourbon drinker at the time, I thought this was a dandy excuse to self-prescribe. I did. However, it required repeated doses, and by the time my appointment finally arrived and I was sitting in the "chair" I couldn't remember which side the pain had been on, and the dentist couldn't elicit it with various Satanic devices he tried.

As tempting as it may sound, this book isn't about how to artfully use whiskey to cure dental problems. We have a much better way to help the patient with the following:

1. Easing the pain and discomfort of a visit to the dentist without resorting to general narcotics, (or whiskey),
2. Eliminate the dread and fear that the visit normally evokes, especially in children,

40 have one or more teeth missing due to gum disease. Gum diseases affect 67 million Americans.

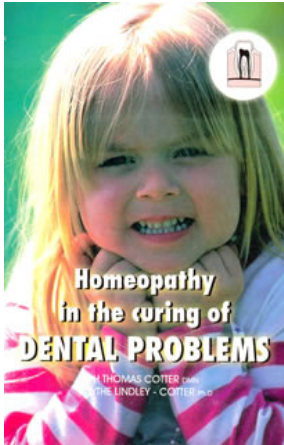
Few patients die directly from dental disease, but much suffering is caused by bad teeth and gum diseases. (Some deaths have occurred when the patients decide to supplement their pain killers with alcohol.) Extreme dental caries (cavities) in children may cause facial deformities immediately or later in life. Bad teeth contribute to bacteria related blood disease (bacteria). This contributes to endocarditis (a bacteria causing infection around the linings of the heart). It is urgent in children to eliminating decaying teeth in order to treat rheumatic fever which leads to the infection of the heart valves.

One in twenty cancer deaths result from cancer of the mouth. Regular dental examinations can save lives. Periodic dental exams may detect and therefore prevent serious infection of bones (osteomyelitis) caused by certain forms of dental infection.

Tooth decay is decreasing in high "tech" countries. This is the result of preventative dentistry, improved dental care, better diets, and the increased use of fluorides in water supplies. Fluoridated water ingested during childhood significantly reduces cavities. Dental problems have been reduced by 35% where both fluoridated water and programs of oral-health education are extant.

There's a dark side to this seemingly beneficiary program as well. Perhaps you remember the extreme controversy that surrounded the enabling legislation that led to fluorides in the general water supply. The people against this were portrayed as being "a red under every bed" type of lunatic fringe, and the general population got behind the effort to fluoridate the water, which ultimately came to pass in most American communities. Fluoridated water comes in at about 1 part fluoride per million parts water. However, this has been known to cause mottling of teeth in which the teeth become chalky and discolored.

Fluoride is not an essential chemical for the body. It helps prevent tooth decay by interfering with the hydrogen bonding essential to the growth and development of certain harmful bacteria of the mouth. Unfortunately, the fluoride isn't contained solely in the mouth, or to the bacteria harmful to our teeth. Hydrogen bonding is associated with a great variety of biological processes including our "master" molecules DNA. Some recent studies have shown a strong link between certain increased cancers and fluoridated water.



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