

Bhawisha Joshi

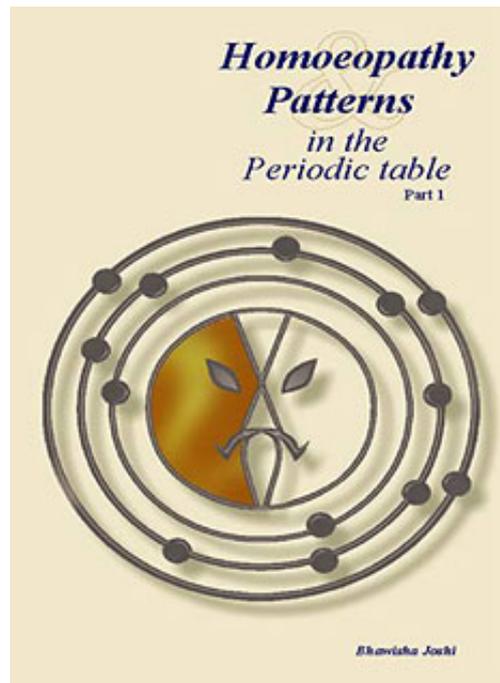
Homoeopathy & Patterns in the Periodic table

Leseprobe

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Carbon

***Separation is a must, 7' have no way out and 'I am too stunned to react
Can 'I' exist on my own?***

Carbon is in the middle. It is a state of perfect sharing of electrons. He is sure he must] separate - live separated and exist on separation, but the doubt is 'can I do it?' Till Boron it was contemplation about whether he wanted to separate, but here he is separate, and he has not yet reacted to it. He is more stunned that now he must exist on his own. It is what we call popularly in India 'the fifty-fifty' state. 'I am separated, and I have the uncertainty about how to handle it.' There are fears - will he be able to exist on his own! on separation?' Carbon is the basis of all life forms. It is the basis of organic chemistry.)! new branch of chemistry originates from this element which is responsible for life.

The Carbon feeling is:

It's happening... I'm separating

T am struck with this realization - 'I' must be and 'I' can hardly react. 7' simply accept it.

Carbon is the picture of the person who has taken the plunge. He's jumped. There is no turning back; there is not even any thinking about it. It is that moment of mid-air free fall. There is nothing that can be done. The feeling is one of astonishment - it is happening...now.

In the process of birth he is in the birth canal. He has left the pelvis, is now in the birth canal and will be out any moment. Separation is inevitable. Gasp! It is so close! There is no room for any doubt any more. He will be out any moment. He has marked the process of separation, he cannot think 'if?', 'how?', 'will I?', 'should I?' He is simply dumbstruck that there is no looking back from this point - it is already happening.

This is exactly the feeling of Carbon, which is the element in the center of the Row 2.

7' am separate and 7' am dumb-struck

The feeling is 'I simply am overwhelmed and cannot say anything more'. 'I am there'. 'I am about to separate'. 'Now there is no question of whether I can be by myself.

7'am inert and passive

He will have to be by himself. So overwhelmed is he with this feeling he can hardly react, just as is the nature of Carbon - inert and passive. Carbon is the element that connects

organic to inorganic, the living to the non-living world. It could be seen as the exact mid point where the two unite and the two separate. It is the point where, in a way, life comes into existence.

Basics

I am now confronted by a situation where I have to fend for myself. There is no more running away from it. There is no time or space for doubt. Separation has begun. I will have to be on my own and fend for myself. The person I was leaning on is no more. I am on my own and my whole energy is concentrated on trying to digest this fact. My system will have to function on its own. I must act in this situation to survive but I am numb and can hardly even react.

Fragile and vulnerable

I feel frail and fragile in this moment. How do I deal with this? Where are my bearings? What do I do next? My mind is reeling with thoughts and I feel almost collapsed in this situation. The best way to block this feeling of fragility and vulnerability is to collapse and benumb myself to the outer world.

Separation from the source of dependence

There is no doubt about separation. The process has commenced. Yet at this moment I am so overwhelmed by it that I am trying to cope with it, understand the situation and react to it. But my mental faculties are refusing to react or act. I feel so incapable and paralyzed in this scenario. If I do anything it is merely an automatic reaction but I can hardly feel the situation.

Womb

The womb was my little heaven, my space of comfort. I once felt warm and cosy there. But it has decided to abandon me. I am about to face the big bad world. I would love to curl up and stay in the womb but now I will only have memories of the times when I did so. It is time to leave the womb or rather the womb has been left behind in some moment. When did this happen? I was so lost and shocked that I did not realise or feel it. All I know now is that I cannot stay there any longer. The womb gave me a feeling of being connected to you. But now there is no connection. There is only a memory of it. The womb cannot keep me any longer.

Carbon cases

We will consider two cases of Carbon to illustrate the remedies here. The first one I had is of a young girl, aged 29 years, who came to me with depression and suicidal thoughts five years ago.

She was in depression after she learnt that the man she loved was about to marry her friend. She was extremely confident, fashionably dressed and a party-animal. She would fall in love with conventional Indian guys who would hardly consider her type for a wife.

P: I don't like the kind of guys I party with. I need for myself a very simple modest, home-loving Indian man who will be with me forever. I am almost 30 and not yet married. Everybody my age is married and have children. I am still living with my parents. The time has come when I should be on my own. Maybe I am already too late, others have started a new life and I am just stunned by this thought day after day. I think about it and I can't think of anything else.

/ asked her what the feeling was, and she said:

P: I cannot go further, I will go numb. I actually always go numb when this thought comes to my mind - it's time I was be on my own. I am already in that phase.

D: What is the feeling in this 'I am numb when I think I am on my own'?

P: This is an old feeling. I think it dates back about twenty years. There was this time when I was just 10 years old and my mum and my dad and my brother were out of the house. I was a late child. I was born many years after my other siblings. My parents were much older when they had me. Actually being such a child and seeing your sorry parents so old also pushes you to get quickly independent. So, I was alone and I went into the kitchen to serve myself some porridge for breakfast. I opened the door of the refrigerator and the door closed by itself and I was terrified. It did not stop at this. The door opened and closed and opened and closed several times as if somebody was standing beside me and rattling the fridge in anger. Oh my God, it was terrifying! We lived close to a hospital where a lot of casualties and dead bodies were brought. So mum kept saying there were spirits in the house all the time.

D: Describe the feeling when all this happened

P: I was just numb and shocked. I stood there not knowing what to do but feeling I was

alone at home and completely on my own in it... This feeling has never left me since. I cannot sleep with the lights switched off and I often ask my brother to switch off the lights of my bedroom once I have fallen asleep. Most times I sleep with the lights on. I love night parties because they postpone the time when everything gets dark and silent and you have to sleep on your own.

D: Describe sleeping on your own

P: Sleep is the time nobody will ever be with you. You might sleep with your husband but you will still be alone. It's the shock of being on your own.

Here the issue clearly is 7 am in a situation where I am all alone - can I make it? 'Can I make it separately on my own?' 'Oh my God - I am in this situation on my own -now what!'

D: mmmm? Describe this shock feeling

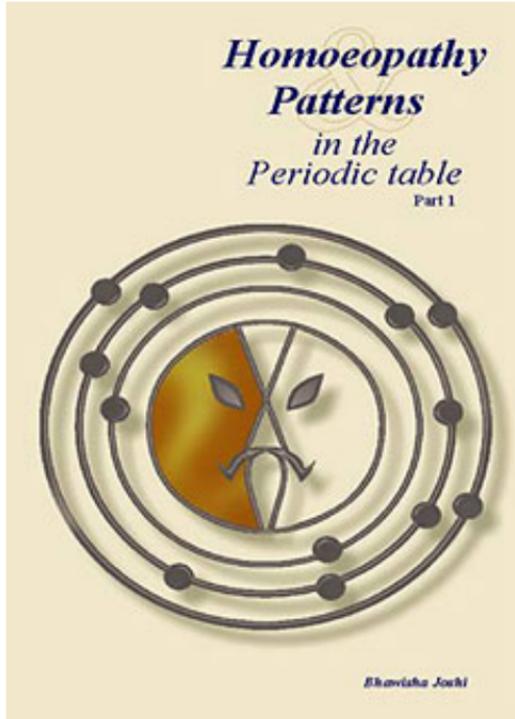
P:.. I don't know... When I graduated from university, rather just after completing my university exams, I fell sick and was admitted to the hospital with anaemia, loss of appetite, weakness and high fever. The doctors thought first of typhoid and then simply thought I had anorexia or even HIV. They could not diagnose anything and I was lying in the bed for a week. There were no other symptoms. I was deteriorating | day by day till one day they did my Bilirubin levels and found out it was plain Hepatitis A. But now I think, it had to do with this same numb and cold feeling.

Interestingly, she gives several important incidences of her life where the situation of being on one's own confronted her and her feeling is always the same for such situations - numb. Will I be able to handle it?

She sees every situation in life from childhood till now as a one of 'Oh my God the time has come when I am on my own and I can't handle it. I am on my own. Oh God! I have to learn to handle this but I am in complete shock and I can't react at all'. She describes this so beautifully in the next paragraph.

D: Describe this

P:Till I was studying in university, I had some support or source that was always there for me. In school you are in the same institute for 11 years and then in college for another five years so you are always with, or a part of, a body or institute. When I did my finals



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Part 1

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