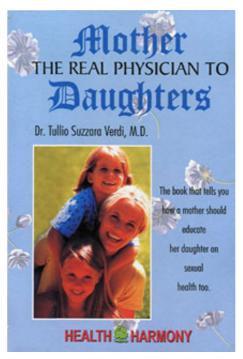
Tullio Suzzara Verdi Mother - The Real Physician to Daughter

Leseprobe

Mother - The Real Physician to Daughter von Tullio Suzzara Verdi

Herausgeber: Health Harmony



http://www.narayana-verlag.de/b6282

Im <u>Narayana Webshop</u> finden Sie alle deutschen und englischen Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise.

Das Kopieren der Leseproben ist nicht gestattet. Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern Tel. +49 7626 9749 700 Email <u>info@narayana-verlag.de</u> http://www.narayana-verlag.de



CONTENTS.

PART I.

PHYSIOLOGY OF WOMEN.

CHAPTER I.

THE MOTHER'S DUTY.

The Mother's duty to her Daughter.—Responsibility of Parents and Teachers for the Girl's Ignorance of the Modes to Preserve her Health.—Relative Position of Man and Woman in their Struggle for Existence.—Disability of Girls for Work.—Triumph of Health and

CHAPTER II.

A VEXED QUESTION.

CHAPTER III.

PHYSIOLOGY AS A MORAL TEACHER.

CHAPTER IV.

MORAL AND PHYSICAL CHARACTERISTICS OF THE TWO SEXES IN RELATION TO THEIR GROWTH AFTER PUBERTY.

Narayana Verlag, 79400 Kandern Tel.: 0049 76269749700

Excerpt from Dr. Tullio Suzzara Verdi: Mother

CHAPTER V.
THE PELVIS.
Anatomy of Woman's Pelvis, and its Mode of Growth.—Important Reflections.—Necessary Protection to the Pelvis of Little Girls.— Dangers of Deformed Pelvis from the Dressing of Infants and very Young Girls. 40-45
CHAPTER VI.
THE WOMB.
Anatomy of the Womb.—Manner of Growth
CHAPTER VII.
FALLOPIAN TUBES AND OVARIES.
Anatomy of the Fallopian Tubes and Ovaries.—Their Functions and Relative Positions
CHAPTER VIII.
THE MAMMAE OR
BREASTS .
Relations of thes-j Organs to the Development of Beauty and Utility of Woman.—Anatomy of the Same.—How Dress Affects the Development of the Breasts.—Sympathy of the Breasts with the Generative Organs.—Necessity to Protect their Growth 52-58
CHAPTER IX.
TEMPERAMENTS.
Temperaments as the Guide for Moral and Physical Education.—Description and Hygienic Requirements of the Sanguine, Lymphatic Bilious, Nervous, Mixed Temperaments.—Modification of the Temperaments by Climate, Education, Habits and Social Condition 59-69
CHAPTER X.
PUBERTY.
The Four Periods of Life, Infancy, Adolescence, Virility, Dementia.— Development of Puberty in Woman.—Vital Importance of this Period. —Menstruation.—Warning Symptoms of the Approach of Puberty in Girls. • 70-78

CHAPTER XI.

PHILOSOPHY AND PHYSIOLOGY OF MENSTRUATION.

Physiology of Menstruation and Mode of Appearance.—History of Menstruation.—Menstruation in Relation to Ovulation.—Ovulation.— Menstrual Crisis.—Epoch of its Commencement and Mode of its Course.—Northern and Southern Girls.—City and Country Girls.— Effect of Temperaments.—Periodical Calculations.—Specific Course

Narayana Verlag, 79400 Kandern Tel.: 0049 76269749700

Excerpt from Dr. Tullio Suzzara Verdi: Mother

PART II

HYGIENE FOR WOMEN.

CHAPTER I.
HYGIENIC GENERALITIES.
Hygienic Generalities.—Light.—Heat.—Exercise.—A Warning to Mothers
CHAPTER II. SOCIETY, IN ITS
RELATION TO THE HEALTH OF GIRLS.
Communities.— Social Laws.—Fashion.—Dress.—Diet.—Amusements.— Exaggerations of Life.—Mme. George Sand's Lament.—How to Preserve the Health and Life of Woman
CHAPTER III. EXERCISE AND ITS

RELATION TO BODILY FUNCTIONS.

CHAPTER IV.

FOOD.

CHAPTER V.

CLOTHING.

Its Lessons in the Preservation of Life.—Clothing and Climates.—Reasons for Clothing.— HUiory of the Corset, and its Baneful Effects.— Materials for Clothing.—Articlesof Clothing and their Heat Condcuc-ing Power.—Color in Relation to Dress.—Heat Conducting Power of Colors.—Clothing of Special Parts; Head, Neck, Trunk, Extremities.—Moisture, Malaria Prevented by Modes of Dressing.—Partial and General Dressing.—Partial Dressing a Cause of Disease.—How Dress May Affect Girls.—Constipation of Women Induced by Un-physiological Dressing of Young Girls.—" The Cowl Does not Make the Friar."

Narayana Verlag, 79400 Kandern Tel.: 0049 76269749700

Excerpt from Dr. Tullio Suzzara Verdi: Mother

CHAPTER VI.

AIR.

Atmospheric Conditions in Relation to Human	HealthHot and Dry, Cold and
Dry, Damp and Hot, Cold and Humid.—N	Movement of the Air.—Mountain
Air.—Sea Air.—Rapid Changes of Temperatu	are.— Impure Air of Dwellings.—
Cubic Feet of Pure Air for each Person.— Ca	arbonic Acid in the Atmosphere of
Dwelling and Schools.—Ventilation.—Air of	of Sleeping Rooms.—Combustion
of Coal, Wood, Gas, Oil, Candles and th	ne Carbonic Acid they Emit
Atmosphere of Water-Closets, Bath-Room	s.—Sewage Gases Coming into
Inhabited Rooms	5

PART III.

FUNCTIONAL IRREGULARITIES, AND THEIR PREVENTIVE TREATMENT.

CHAPTER I.

SYMPTOMS OF DISTURBANCE.

										PAG
Signs	of	Puber	ty.—Me	nstruat	ion.—C	Colic.—	-Coldness	of	Feet	-Rest
Dre	ess.—	-Food	and	Drink	c.—Dei	neanor.	—Different	1	Tempera	aments
Syı	mpto	ms that	may Oco	cur.						. 191-196

CHAPTER II.

CAUSES OF FUNCTIONAL DERANGEMENTS.

CHAPTER HI.

AMENORRHIEA.

CHAPTER IV. MENORRHAGIA.

Narayana Verlag, 79400 Kandern Tel.: 0049 76269749700

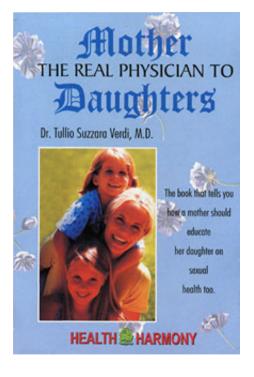
Excerpt from Dr.Tullio Suzzara Verdi: Mother

CHAPTER V.

PAGE Painful Menstruation.—Simple, Accidental, Congestive, Inflammatory, Mechanical Dysmenorrhosa.—Causes, Symptoms and Hygienic Treatment. CHAPTER VI. LKUCO RRH CE A. Whites.—Acute and Chronic.—Causes, Symptoms and Hygienic Treatment. CHAPTER VII. HYSTERIA. Characteristics of Women Predisposed to it.—Predisposing Causes.—Immediate Causes.—Hysteria Simulating Other Diseases.—Illustrations.—Symptoms of Simple Hysteria.—Hygienic Treatment.—Education and Hysteria. CHAPTER VIII. INFLAMMATION AND DISPLACEMENTS OF THE WOMB. Acute, and Chronic, Causes and Hygienic Treatment.—Displacements of the Uterus; Prolapsus, Anteversion, Retroversion, Inversion, Proctdentia.—Simple Displacements.—Causes, Symptoms and Hygienic Treatment.—Simple Displacements.—Causes, Symptoms and Hygienic Treatment.—Causes Symptoms and Hygienic Treatment.—Caus

Narayana Verlag, 79400 Kandern Tel.: 0049 76269749700

Excerpt from Dr.Tullio Suzzara Verdi: Mother



Tullio Suzzara Verdi

Mother - The Real Physician to

Daughter

296 Seiten, paperback erschienen 2002



Mehr Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise www.narayana-verlag.de