

H.P. Krishna Kumar

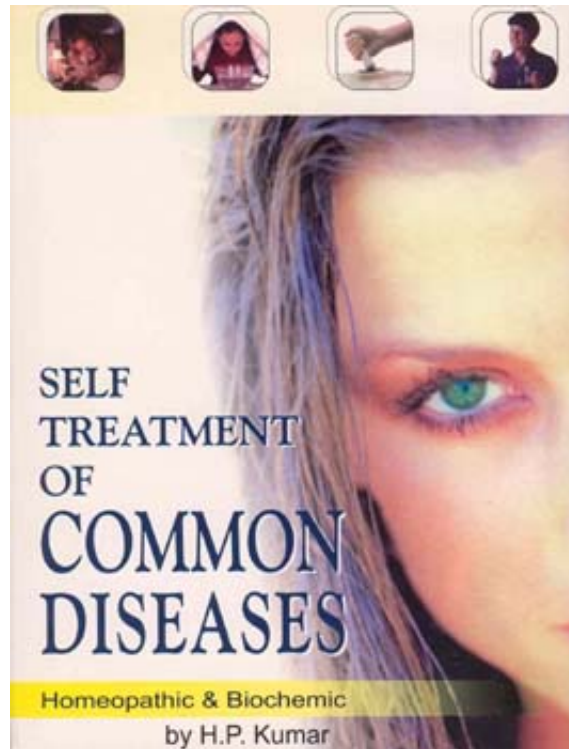
Self Treatment of common Diseases

Leseprobe

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von [H.P. Krishna Kumar](#)

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ing and after urination; from drinking cold water.

- C Symptoms are better from warmth, from rubbing, from rest and cold applications.

MEDICAL USE WITH SYMPTOMS

Bites And Stings

- There is burning pain.
- Area is red and hot.

Burns And Scalds

- After *Arnica*, to relieve pain and burning.
- Repeat frequently till relief is obtained.

Cystitis

- Violent attack of cystitis that sets in abruptly with severe burning pains.
- Scalding sensations before, during and after passing urine.
- Distressing, constant urge to pass water; a few drops are passed each time.
- Discomfort in kidneys as well as in bladder.
- Exhausted, chilly and shivery with feverishness.
- Worse from coffee, passing water and movement.
- Better from warmth, massage, at night.

CARBO VEGETABILIS

CHARACTERISTIC SYMPTOMS

- * Tendency to collapse; vital force nearly exhausted; icy cold, cold breath, cold tongue, cold sweat.
- * 111 effects of an exhausting illness like typhoid, measles, whooping cough, injury and hemorrhage.
- * Wants fresh air and to be fanned all the time.
- * Weak digestion leading to excessive flatulence and bloating of abdomen, specially upper portion.
- * Constant emission of flatus and eructations which relieve only temporarily.
- * Great foulness of all the secretions.
- * Hoarseness aggravated in the evening.
- * Bleeding runs all through this remedy.
- * Nose bleed.
- * Ailments from loss of vital fluid, suppressed chill or fever, long ago injury or illness.

CARB. VEG.

Charcoal, itself a classic remedy for certain types/digestive problems, is the source of Carb. veg. Beech wood is normally used.



MODALITIES

Symptoms are worse in the evening, from lying down, from exertion, from rich fatty food, and in warm, damp weather.

Symptoms are better from eructations, from being fanned, in the open air and from loosening the clothing around the waist.

MEDICAL USE WITH SYMPTOMS

Asthma

- Attack comes on in the evening and is associated with soreness and burning in the chest.

CARBO VEGETABILIS

- Worse in open air and after eating or talking; better from belching.
- The patient is usually old and debilitated.
- Cough may be spasmodic with gagging, and vomiting of mucus.

Bleeding

- Signs of collapse with cold, clammy sweat and air hunger.

Flatulence

- Flatulence, pain and wind in the upper abdominal region.
- All discharges are offensive.
- Wind is locked up in the stomach pressing upwards on the diaphragm causing pain in chest and difficulty in breathing.
- Eructations are offensive but provide relief.

Heat-stroke And Exhaustion

- Heaviness, throbbing headache and pressure over the eyes.
- Pain in the eyes, aggravated by looking fixedly at any object.

Hoarseness

- Protracted hoarseness caused by exposure to damp cold air.
- Patient feels chilly.
- Aggravated in moist cool weather.
- Worse in the morning, evening and after talking.

Dyspepsia (Hyperacidity/Heart Burn)

- Incarceration of wind in the upper part of stomach.

- Acidity due to slow digestion.
- Eructations are very offensive but give relief.
- Burning in stomach.
- Sour risings after a meal; even simple food disagrees.

Indigestion

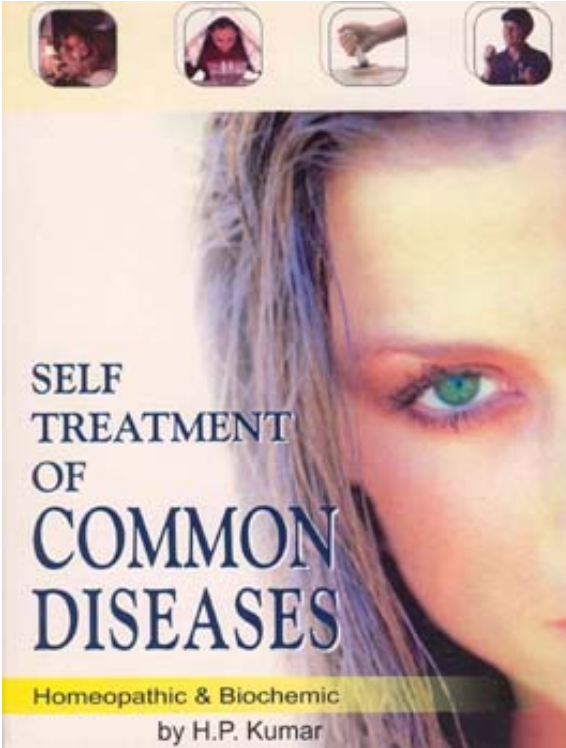
- Abdomen is full of gas and frequent eructations give only temporary relief.
- All symptoms worse after food and even the most innocent food disagrees.
- All discharges have horrible smell.
- There is a sensation as if the stomach and abdomen would burst when eating or drinking.
- The patient wants all the windows open and also to be fanned.

Shock And Collapse

- Patient is blue and cold.
- Lies motionless as if dead.
- Patient wants fresh air and to be fanned.
- Feeling of coldness, particularly around the knees.

Whooping Cough

- The face is red.
- Gagging and vomiting with retching.
- Wants to be fanned and keeps windows open.
- Very exhausted.



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