

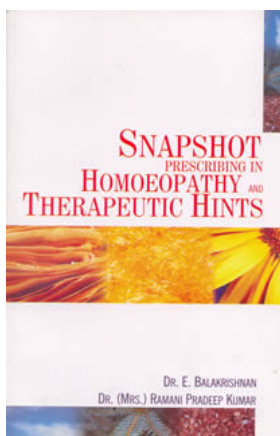
Balakrishnan / Kumar Snapshot Prescribing in Homoeopathy and Therapeutic Hints

Leseprobe

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Chapter 2

Snap-Shot Prescribing

"Homoeopathy is purely a bed-side medicine and is based on a firm rock, the unalterable laws of healing".

Dr. Dorothy Shepherd

Snap-shot prescribing means 'off-hand prescribing'; 'acute prescribing'; 'Intuitive prescribing'; Emergency prescribing.

"Intuition means immediate apprehension by the mind without reasoning" (as per Dictionary) (here in this context without reasoning, only denotes without taking any time whatever to think of and evaluate the curative remedy). "What appears to be intuition comes from using that which is in the understanding". (Kent). Intuition is nothing but quick drawing from the reservoir of knowledge, accumulated over a long period of intensive study of Materia Medica and the knowledge collected from far and wide and the case handling of our Masters.

Effective management of an emergency poses a challenging task to every physician no matter which school he/ she belongs. Along with the appropriate medicinal tools it calls for enough confidence in the use of his tools- the drugs and an acute presence of mind as well.

"There is only one road by which success in homoeopathic practice may be attained, and the name of this road is- WORK. It is only hard application, intelligent and unremitting, that can ensure success in the mastery of the infinity of details comprised in the homoeopathic Materia Medica."

(Clarke)

The major part of the treatise deals elaborately with the methodology a student of medicine should adopt to make him a master prescriber, acquiring thorough knowledge of the *Materia Medica*.

In the cool comfort of the consulting room, one has time enough for detailed case-taking and for consulting the reference books as and when needed, to arrive at the curative remedy.

In snap-shot prescribing time-allowance does not permit consulting any books of reference; This is emergency prescribing.

"An emergency prescriber must be a 'crack-shot'. He has no time to change weapons. "Don't shoot until you are sure of your remedy; says *Dr. William Henry Schwartz*.

Again, Dr Gilbert Arland adds: When an archer misses the mark he turns and looks for the fault within himself. Failure to hit the bull's eye is never the fault of the target. To improve your aim, improve yourself.

In an acute medical emergency, the physician is expected to do something immediately. Drug-hunting has to be automatic.

Unfortunately there is a false impression in the minds of people that Homoeopathy is slow-acting and hence has not much to offer in medical emergencies. Majority of the physicians are often unable to pick out the similimum at the very first stroke, but once we get it, the results on administering the remedy are generally quick, often immediate and very often instantaneous.

It is for us to show to the people the marvel of the homoeopathic curative remedy.

In snap-shot prescribing we are actually drawing from our reservoir (accumulated store-house) of knowledge of *Materia-Medica* in relation to the disease at hand.

- Snapshot Prescribing in Homoeopathy & Therapeutic Hints •

"This is truly a text-book of applied Materia Medica".

(Dr. Jugal Kishore)

The emphasis is on the application of Materia Medica in clinical conditions. He has quoted extensively the records of eminent authorities of the use of a particular drug in certain clinical conditions.

4. The Prescriber - by Dr. T. H. Clarke, M.D. What Dr. Clarke has to say: "It is the glory of Hahnemann that he liberated medical practice from its bondage to the names of diseases. Every case of Disease is a problem in itself ———— clinical repertories form one out of many of the means of fitting the remedy to the case".

In studying the disease picture the following model diagram given by Dr. Boger, does impress on our mind, the salient features which we have to look to in taking up a case: -

MODALITIES	- Causation, Time, Temperature Weather. Posture. Motion. Eating & drinking. Sleep. If alone. Pressure. Touch. Discharges.
MIND	- Irritability. Sadness. Fear. Placidity.
SENSATIONS	- Burning; Cramping; Cutting; Bursting; Soreness; Throbbing; Thirst.
OBJECTIVE ASPECT	- Demeanor, Restlessness, Nervous excitability, Facial expression, Torpor; Secretions, Color; odor.
PART AFFECTED	- Organs, Right, Left.

"The strain which runs through every pathogenetic symptom complex has been called the "genius" of the drug. To give this its proper place in the prescription should be the ideal of every prescriber".

(Dr. Boger)

"To achieve the above objective we have to "fasten upon the mind the strongest points in each remedy. Good off-hand

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DISLIKE OF MEAT (Mur-ac) Mur-ac, Myrica.

DYSPEPSIA (Sul) Nux, Sep.

FOOD: CANNOT BEAR THE THOUGHT or sight of MEAT (Mur.ac) Dislikes meat: MUR.ac.

NAUSEA OF PREGNANCY (Petr), Cocc, Sep., Petr. (Lactic acid)- Nux, Puis, Pho-ac, Colch, Lye, lac-d, Ipec.

FOOD: AVERSION TO HOT FOOD (Petrol) Phos. (Opp: Lyco).

FOOD: AVERSION TO COLD FOOD (Petr) Lyco.

HUNGER AFTER STOOL- Petrol. (Aloe - during stool)

GONENESS (FEELING) at 11 AM (Zinc) Sul, Nat-c, **Pho, Zn.**

SINKING OF STOMACH immediately after meals: (Petr) Ars., Cina, Lye, Sil., Staph., Urtica ur., Calc, Iod., Petrol.

HUNGER, UNAPPEASABLE, with febrile heat PHOS.

DREAD OF COLD WATER is a grand characteristic of PHYSOSTIGMA

Perfect horror of COLD DRINKS-PHYSO.

Perfect horror of COLD BATH-PHYSO.

VOMITING: Seasickness and train sickness (Sanic) Arn., Cocc., Tab.

NAUSEA AT SMELL OF FOOD- Colch, Eu.perf,

NAUSEA AT THE SIGHT OF FOOD: (Ph-ac) (Sil), Colch. Lye, Mosch. Phos.ac. Saba, Spi, Sil.

Nausea at sight of food especially during pregnancy- Eu-Perf.

FOOD: TEA AGG. (Selen) Coffee Agg. Sulph.

HUNGER AT NIGHT: (Sulp) Chin-s, **Psor.**, Lyc, **Ign.**

HUNGER UNAPPEASABLE with febrile heat (PHOS)- Pho.

EMPTY FEELING IN THE STOMACH- must eat frequently, a characteristic, Taxus Baccata.



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