

# Mohinder Singh Jus

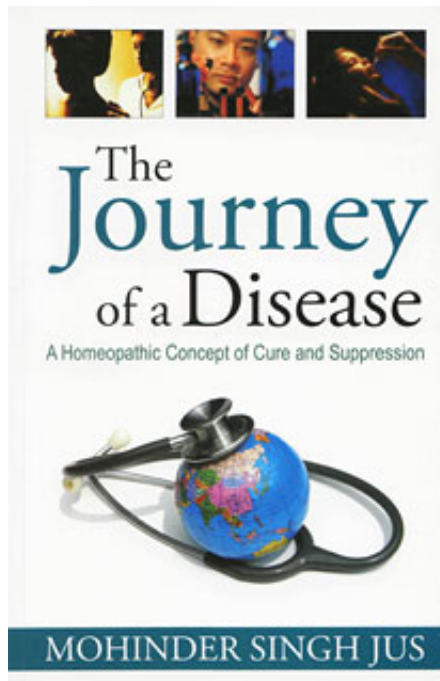
## The Journey of a Disease - Paperback

Leseprobe

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von [Mohinder Singh Jus](#)

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# PSORA

## GENERAL REMARKS

The name "Psora" comes from Greek and means itching. Hahnemann noticed that many of his patients were suffering from *skin problems* when they were a child or knew their ancestors were having such problems. Hahnemann did not talk of skin diseases but rather of symptoms on the skin. There is a big difference between skin diseases and symptoms on the skin; by this statement, Hahnemann made all dermatologists run out of work. The skin is like our third kidney; all the symptoms of the skin are symptoms of our third kidney. The problem is that this third kidney is on the outside and that you can see it; there is an infection too in the other two kidneys, but we do not see it; it is hidden and we are less scared, but as soon as we see it, we get frightened. Unfortunately, there are ways to get rid of these things. The biggest problem begins once we start treating the skin as skin only, as something that is not alive. We treat our skin like plastic, like something dead, having no connection to me; this is offending my skin, showing how ungrateful I am. It wants to help me, clean me and I am disturbing it... It cries and I don't let it cry. It desperately tries to show me that there is something wrong and I am ignoring these signals.

**Psora.** It itches and I am scratching. When a person dies, the skin is still there, but it does not bother him

anymore once there are ants and maggots on his skin, he does not need his skin any longer. As long as we are alive we need it. We all like to have a nice looking skin and we try all kind of things to achieve this. It was the same in Hahnemann's times; in those days *rashes and eczema* of children were treated with sulphur. There were sulphur baths, ointments, even sulphur tea. But what happened after the skin started to look better? Often *seizures* appeared. What do seizures have to do with acne? We can show there is a connection: a patient with seizures gets a homeopathic remedy; after the dose the epilepsy attacks appear less often, but the skin gets worse. The formerly "successfully treated" eczema, suppressed with an ointment a couple of years ago, returns, everything returns. The skin eruptions had made a bad journey, from the outside to the inside, from the periphery to the centre. Inside there was nothing for them to scratch except for the brain cells. This is the moment where I ask the patient what he prefers, a bad skin or seizures.

**Psora** means *irritation*. J.T. Kent, who taught my teacher, used to say that itching means irritation, greed, ego, increase, collecting money, manipulating, lying, always keep up with the others, be better. Skin eruptions are a relief from this inner restlessness, part of it goes out of the skin; the skin works like a valve, making sure we do not get a terminal disease. This rash proves that the vital force still loves our patient because it tries to protect him.

Another example concerning *suppressions of skin eruption and its connection to depression* is the

following: a 36-year-old married woman becomes depressed, discouraged and gives up. She says that she finds everything disgusting, especially sex. Her family is suffering due to her indifference and apathy. When I ask her about former diseases, she says: "None". Nothing comes out of nothing; that is why I ask her about former problems with the skin. "Normal, I only had a few pimples". "Yes, this is normal, what did you do against them?" "Well, I used an ointment." Can you imagine that depression at the age of thirty-six is connected with acne suppressed by the age of fourteen? The woman is given a homeopathic remedy and afterwards she gets beautiful pimples on the skin, the back, the breast, all over her body. However, she feels better, she is no longer depressed.

There is a close connection between skin diseases, *concentration disorders* and lack of inner calmness of a human. Homeopaths very often see hyperactive, so- hyperactive called *ADHS-children* in their practice. Or should we better call them SOS-children? These children were made sick and are not understood in the right way. A teacher who is mentally blocked; a mother who reaches her limit quickly; a father who comes home stressed out - they all have their own rhythm and for sure feel the child is too wild. The teacher has problems with himself; he is very narrow-minded, he is demanding a lot of the children as well as of himself - and he is a perfectionist. However, some children do not want to accept his limits and try to explore their own limits. Such a child does not fit the structure and is given an "ADHS" label, meaning "abnormal". Every child who doesn't fit the standard is

sent to a special school. Soon we will have more special schools than old people's homes. In the medical history of a lot of ADHS children we can often find suppressed skin symptoms. Homeopathy is very successful with ADHS children. During the homeopathic treatment these children tend to have a strong reaction on the skin or at the mucous membranes. It may happen that they are having diarrhoea for weeks, but it does not influence their general state. They have to go through a cleaning process, like a proper "wash". They are having diarrhoea or skin eruptions but at the same time they get calmer and can concentrate much better. They have their own way to the cure; in school they are much more attentive, do their homework properly and can socialize again with other children.

Psoric relief is only possible through psoric discharges; everything that was blocked or suppressed or interrupted has to flow now. The input-output balance has to be even. One cannot drink five liters of water and urinate only two deciliters. One cannot have problems in life and not cry at all. One cannot be overwhelmed with joy and stay stiff and calm. One cannot have a lot of itching without scratching. This is the natural process of balancing. **Psora** on the skin is the most harmless form of it and the easiest one to be treated. What about having an irritation on the mucous membranes or even in the brain? Every organ has its own importance for life. From this aspect for example, the heart is more important than the joints, because one can live with dysfunctional joints but not with a dysfunctional heart. The skin takes one of the very last positions on this list of priorities. In the

course of the treatment the patient and the homeopath have to decide what is more important: the mind or the skin, appetite or skin, weight or skin, sleep or skin, respiration or skin, liver functions or skin, kidney functions or skin?

*Please, do not treat your skin externally.* You can look beautiful with a bad skin. Beauty is not a matter of the skin, beauty is a scent; beauty lies in the eyes, in the aura. Nobody is good looking because he is two metres tall. People are not beautiful because of the clothes they wear. Beauty is something unique, not definable. St. Augustine says the following about beauty: "As much as the love grows within you, as much beauty grows in you, as love is the beauty of the soul."

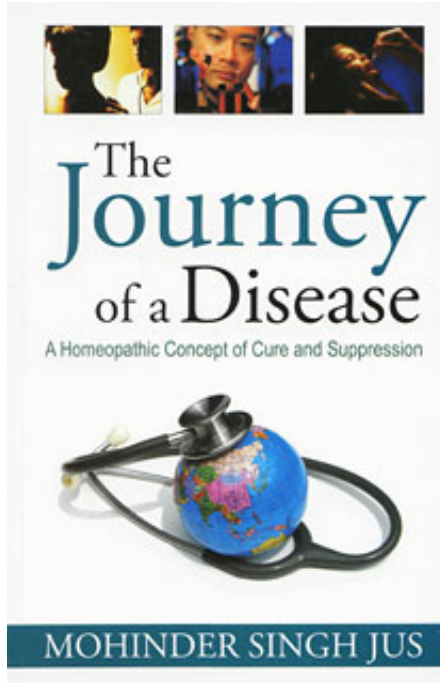
There is *psoric relief* through diarrhoea, rashes, fever, sweating, bleeding and frequent urinating. Somewhere inside there is an irritation and the body is trying to adjust it through normal ways of discharge, misunderstanding this leads to suppression.

Let us take the example of *suppressed perspiration*,

Many patients use deodorants that are not only deodorizing but adjusting the sweat discharge as well, which means, suppressing it. Sometimes patients have their axillary sweat glands removed, because the smell is too strong and their clothes have brown stains. This was only unpleasant, annoying for the environment, but now it will become annoying for the patient's life. Why? All the dirt and ill making substances, which were discharged through sweat in the form of colour and smell, will now remain in the body. It is like a house where the balcony

is decorated with spectacular flowers, you can see them from the outside, they are nice looking, but inside it is cold and uncomfortable. How can I please my neighbour by stinking less, but stinking inside? Like an old cheese, rotten meat or bad fish? Once I stink, my best friend can still hold his nose and say that I am his best friend, but if I stink internally, get aggressive and cold-blooded, will he still stand me? Will he still say that I am his best friend? For sure he won't. Suppression of sweat can lead to various diseases and changes in character, such as sleep problems, nervousness, back pains, allergies, etc.

**Psora** means internal itching. Pride, greed, possession and power are irritating us more and more. We "scratch" for more means, different friends and partners; we get bored so easily, we are restless, having no goals. Our fire is burning.



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