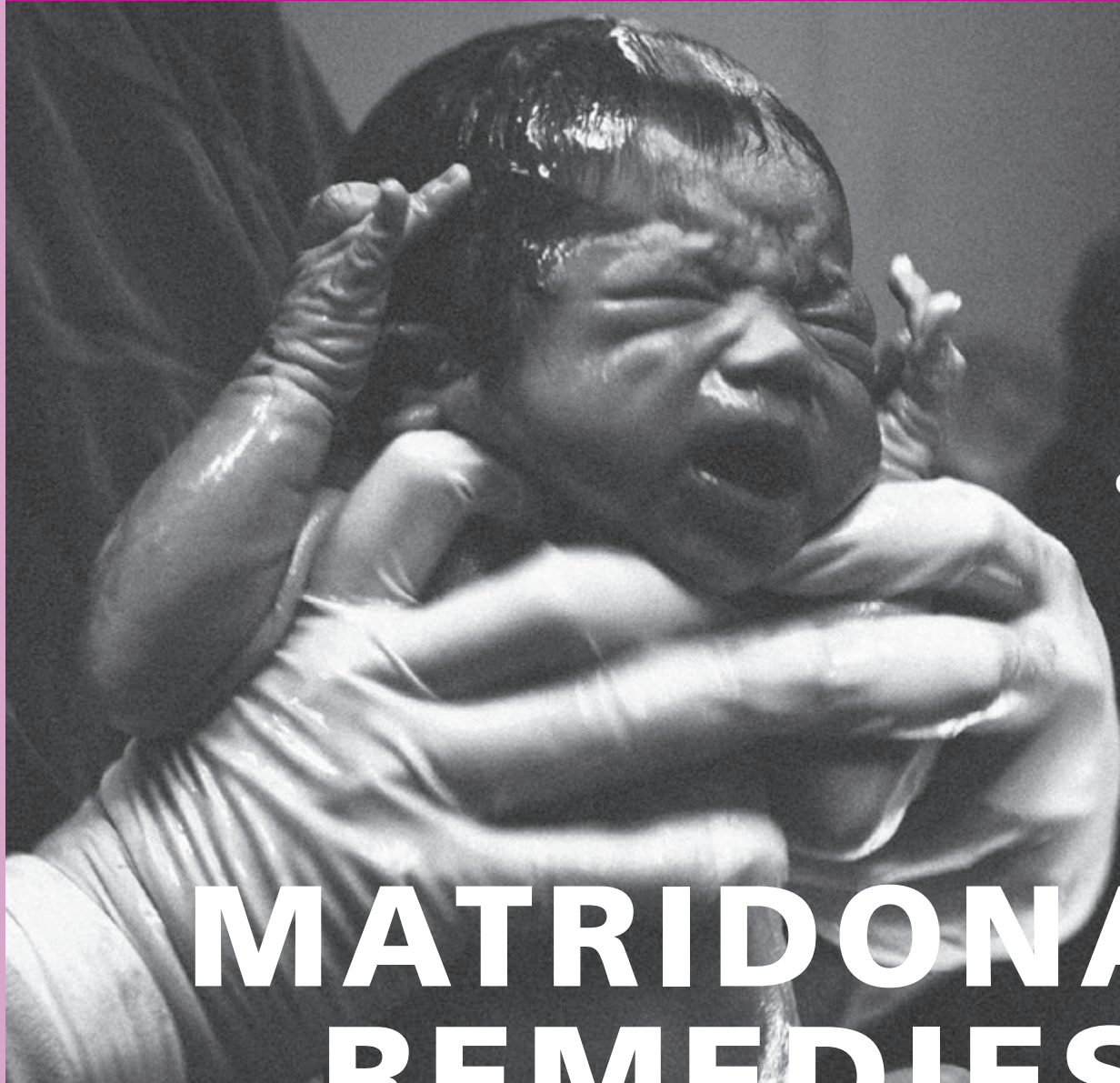


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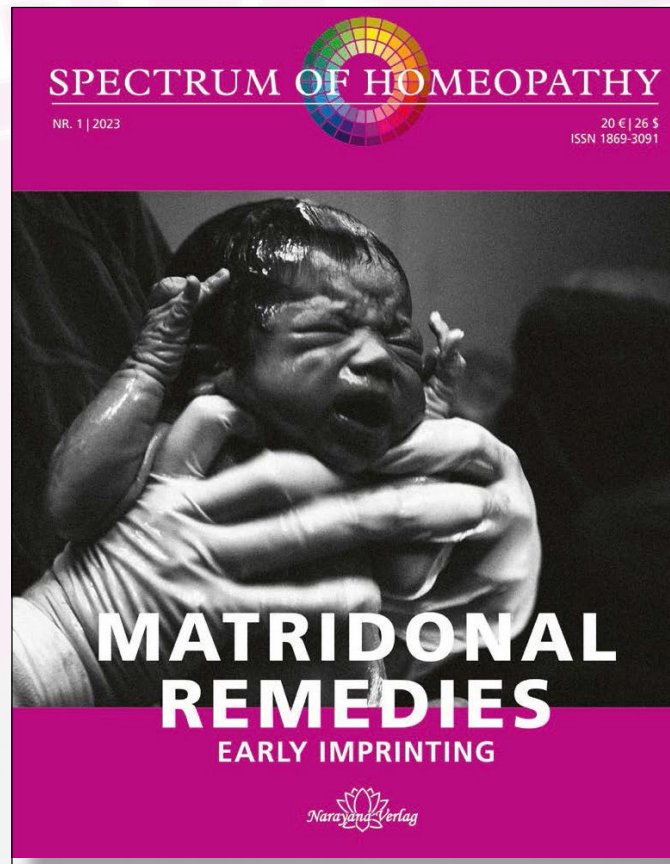


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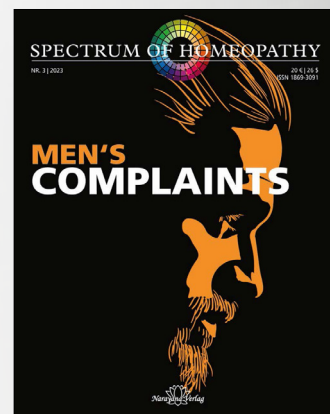
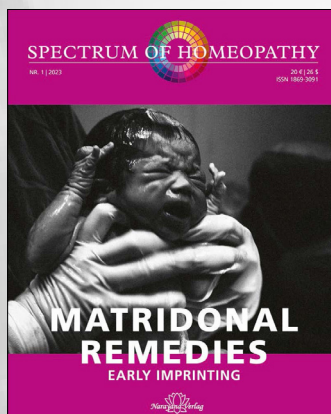
MATRIDONAL REMEDIES

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EDITORIAL

Dear readers,

we know from many studies that the process of individual imprinting begins in the womb – the unborn are highly sensitive beings with an early form of consciousness and memory. And no mother forgets the beautiful as well as the not so beautiful experiences of pregnancy, culminating in the separation of birth, as if it were all stored in the body's memory. The mothers in our international Spectrum team have felt triggered by the work on this issue: they vividly and viscerally remembered the period of pregnancy and birth, feeling the intuitive connection to their sons and daughters, and grasping at a holistic level the enormous healing power of the matridonal remedies.

Since the publication of Melissa Assilem's book 'Matridonal Remedies of the Humanum Family' in 2009 the 'mother's doses' have claimed an important place in the materia medica. Anyone who has discovered them will no longer want to be without them. In her book she writes of the great human gift of self-perception: "In its earthly form it is first given to us in the womb. If this self-perception is lost, could it be that it can be found via the same substances that gave it to us in the first place? They were ultimately created to give us our humanity. That is their sole purpose since, as soon as we no longer need them, they regress."

To honour the significance of Melissa Assilem, the now deceased midwife of the potentised matridonal remedies, we start this issue with her 2013 contribution to Interhomeopathy. Her introduction to this remedy group, like the overview by Ghanshyam Kalathia, shows how many common characteristics the individual remedies share with one other and how difficult it is to differentiate them in an individual case. It helps somewhat to divide them into the subclasses sarcodes, hormones and milks.

The most important uterine remedy, *Placenta*, was extensively proved by Hans Eberle and Friedrich Ritzer before the millennium. Both authors can therefore draw on long-term practical experience with using it. They regard the focus of the remedy as extensive care on the one hand and, on the other a strong need for support, sustenance and recognition. Many themes of *Placenta* can also be recognised in a similar way in the other uterine sarcodes *Amniotic fluid*, *Umbilical cord* and *Vernix*. The individual representations of these remedies with cases from Sonu Mehrotra, Doug Brown and Alex Leupen show both the common features as well as the specific characteristics of these remedies.

Deborah Collins has seen in many patients that matridonal remedies supplement one another, and can often work well in sequence. According to her experience a series of matridonal remedies can be very helpful if an unresolved trauma arose during the intrauterine phase. The individual remedies can be differentiated, based on the specific patterns of perception, energy balance, nutrition and

bonding behaviour triggered by early trauma – Andreas Richter describes these patterns for the uterine sarcodes.

The remedies from mother milk have a different focus. Here we find a combination of the themes of the Lacs / mammals with typically human qualities. So using systematic case analysis one can arrive via the milk remedies at *Lac humanum*, as shown in the case by Ghanshyam Kalathia. It is interesting to note the use of this remedy for animals who have developed too close a relationship to a human surrogate mother. Geoff Johnson gave a cat *Lac humanum* and Nelly Kumpfmüller even gave a lamb *Human Umbilical Blood*.

The third subgroup – the hormones associated with motherhood – is only represented by *Oxytocinum*, the love hormone, in this issue. It can, as in the cases presented by Nelleke Bruch, be indicated for pronounced contact and bonding disorders, but it can also be used as shown by Jürgen Weiland for the damaging effects of uterotonics. We do not cover *Folliculinum*, which is often considered as a matridonal remedy, since it is not in fact a pregnancy hormone. It is also very well known and we presented it in a series of earlier issues of SPECTRUM.

We wish you a fruitful journey of discovery – you may find you now often recognise matridonal remedies where in the past you would have prescribed polychrests.

Christa Gebhardt & Dr. Jürgen Hansel

Chief editors





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Birthing custard, or Vernix, offers a layer of protection for the unborn child.



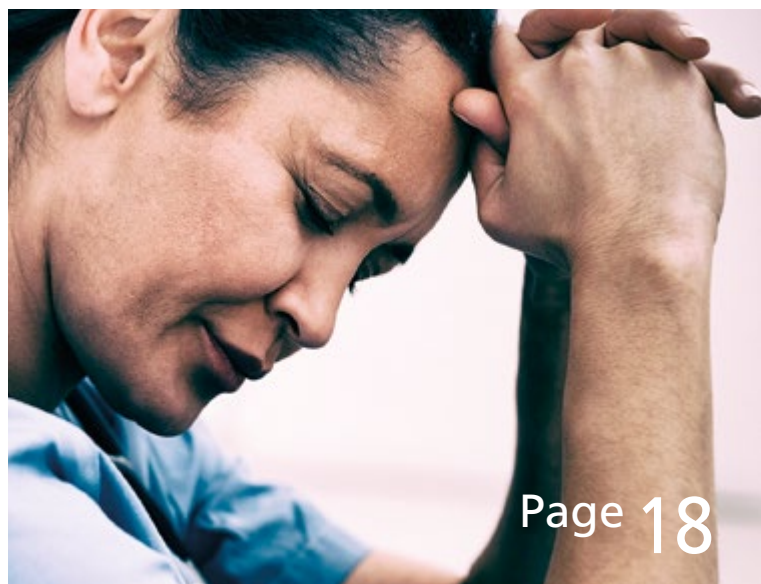
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Lack of bonding: umbilical cord for a neglected child.



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Topic overview: uterine, milk and hormone remedies.



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Potentised placenta: fascinating organ and potent remedy.

A prematurely born lamb, and her owner, both experienced the healing effects of potentised umbilical cord

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HELPLESS, UNPROTECTED, BOUNDLESS

An overview of the matridonal remedies

AUTHOR | [Ghanshyam Kalathia](#)

SUMMARY: The general themes of the matridonal remedies – such as cover, protection, boundless floating, sensitive and overexcited senses, withdrawal and obviously the connection to pregnancy, birth, breastfeeding and childhood development – are explained with keywords and associated repertory rubrics. The subgroups of this remedy family are also described: uterine, milk-based and hormone-based matridonal remedies.

KEYWORDS: *Amnii liquor*, amniotic fluid, birth, birthing custard, *Chorda umbilicalis*, *Choriongonadotropinum*, *Folliculinum*, hormones, *Lac humanum*, Lac maternum, matridonal remedies, *Oxytocinum*, placenta, pregnancy, *Progesteronum*, Ranunculaceae, umbilical cord, *Vernix caseosa*



“Matridonal remedies” are sarcodes derived from human tissues related to pregnancy and motherhood, including placenta, amniotic fluid, breast milk, and so on. These remedies are relatively new to the homeopathic literature but have been proved for their efficacy in many cases by many homeopaths worldwide and are indicated in a number of therapeutic areas including difficulties in pregnancy and childbirth and mother-child bonding issues; longstanding feelings of grief, issues related to lack of identity and exclusion, and so on.

Human qualities in matridonal remedies: “Humanity” makes humans unique in comparison to all other mammals. Our basic qualities are to be helpful, kind, and sympathetic; however, the opposite is also true since humans are as cruel as kind and as selfish as self-less. Humans are the most intelligent among all the mammals on earth. Similar to the great apes, humans are also smart, intelligent, curious, and keen to explore.

Another unique thing about humans is that, like the great apes, a human child also needs exclusive parental care. They are totally dependent on their support system during their youth. This issue is expressed in the patients as an intense need for a support system (especially mother) and they have a strong attachment to their mother.

Due to their higher intelligence and evolution, their understanding is greater, hence there is more self-awareness and they want to know about their inner being. This makes them highly spiritual beings among the mammals. They are always looking for a higher purpose in life. This is uniquely witnessed in a *Lac humanum* personality.

In matridonal cases, we may encounter typical expressions of human qualities that can help us to confirm the case remedy, as in the following examples:

- Humanity – altruism, sympathy (like the primates).
- Morality – norms and rules.
- Social – complex relations.
- Intelligent, smart, curious, explorative (like the primates).
- Culture and rituals.
- Need maternal care for longer periods of time (like the great apes).
- Highly attached to the mother (like the great apes).
- Spirituality: high understanding – looking for the higher purpose of life.
- Spirituality: desire for self-awareness.

GENERAL THEMES OF THE MATRIDONAL REMEDIES

Envelop, cover, protect: Matridonal remedies are the human tissues or secretions related to pregnancy. Therefore, these personalities correlate with womb-life. In the womb, the foetus is

Many patients compare the inner space and outer side of the covering. The inner space is warm, cosy, and well-nurtured, while the outside environment is harsh, dangerous and full of threats. Sometimes they are unable to decide which is real and which is unreal for them. The “inside” is comfortable but limited, whereas the “outside” is magnificent and amazing but dangerous.

Generally, matridonal remedies of womb-life such as *amn-l*, *chord-u*, *plac.* and *vernix* present with a more intense need for covering and protection in comparison to the others. This issue is usually more pronounced in these remedies.

Relevant rubrics (from Complete Repertory)

- MIND; CURL up, desire to: *plac*
- MIND; DELUSIONS; glass; behind being: *plac*
- MIND; FEAR; panic attacks, overpowering: *foli*, *plac*
- MIND; FRIGHT, Fear agg., ailments from: *lac-h*
- MIND; FRIGHTENED easily: *plac*

Heavenly, spacey, dreamy: This experience relates to womb-life, especially when the body has not taken a form yet; the being is not fully embodied yet. This experience is likely to be spiritual rather than physical. It is really magnificent and amazing. Such patients may often correlate this experience with life in heaven or in space, where you do not have a sense of self and you are part of infinity. You are an energy or spirit-like. You are not doing anything, and you are not feeling anything. You are in harmony with the universal energy. You are totally form-less like energy, and so you cannot be bound. You are limitless, borderless. You have no identity, name, fame, and structure. Without any shape, structure, and form, you are able to merge with anything; you may become anything, and anything may turn into yourself. This experience may often be associated with the feeling of tranquillity or contentment.

It is a kind of exalted feeling with no consciousness of self and surroundings. During the case-taking, when such an individual starts experiencing this kind of state, they often seem high, intoxicated, or drugged. They feel full of energy, active, and enthusiastic. Nevertheless, every high has a low too. So when they come out of this experience they may feel scattered and confused because ultimately these personalities are very down-to-earth and unsophisticated. Generally, the matridonal personalities are unable to distinguish which is their real state – the heavenly or the earthly.

These are the usual expressions associated with such an experience: real, unreal, space, spacy, spaced-out, heaven, absorbed, harmony, no sense of self, merging, spirit-like, energy, entity, universe, freedom, no boundaries, no borders, no form, detached, dissociated etc. This experience is usually common to all the matridonal remedies.

- MIND; DELUSIONS; body, body parts; separated, body and thoughts are: lac-m
- MIND; DELUSIONS; divided; two parts, into: lac-m
- MIND; DELUSIONS; division himself and others, between: lac-m
- MIND; DELUSIONS; double; he is: lac-h, lac-m
- MIND; DELUSIONS; separated; mind and body are: lac-m
- MIND; DELUSIONS; separated; world, from, one is: plac
- MIND; DELUSIONS; unreal; everything is: lac-h, lac-m
- MIND; DETACHED; ego, from: lac-h, lac-m, plac
- MIND; DETACHED; observing from the outside, as if: plac
- MIND; DREAMS; destination; searching her: lac-h, lac-m
- MIND; EMPTINESS of mind, sensation of: foll, lac-h
- MIND; WILL; two, feels as if he had two wills: lac-h, lac-m

Buoyancy, floating, drifting: This experience is related to the stoned or heavenly state. This is also a common experience mostly witnessed in all the matridonal remedies. It can be expressed various ways in the cases, such as floating, drifting, uplifted and light-headedness. Such feelings can also be associated with dizziness and vertigo. In some cases, this issue is experienced with panic, or it is frightening while in some cases it is associated with amazement. They may express this amazement as: "How amazing it is! I am floating and drifting with the air".

Relevant rubrics

- MIND; BUOYANCY: lac-m
- MIND; DELUSIONS; enlarged; he is: plac
- MIND; DELUSIONS; expanding, she is: plac
- MIND; DELUSIONS; floating; air, in: lac-h, lac-m
- MIND; DELUSIONS; lighter than air: plac
- MIND; DELUSIONS; water; under water, he is: plac
- MIND; DELUSIONS; weight, has no: plac

Oversensitive, no boundaries, permeable: As we have already discussed, they need a covering or protection because they are immature and not fully developed. If the covering is poor, the inner part gets exposed and they may get heavily affected. So matridonal personalities are oversensitive. They are bare or open and are easily affected by any trivial thing. In this regard, they closely resemble the plant remedies of the Ranunculaceae family. Everything is raw and exposed because of no or poor covering. If you do not have any covering, even the most trifling thing may affect you. This is the reason that we may often observe this expression in many matridonal cases – "trifles seem important". They have many undefined modalities. These are the individuals who may get affected by the environmental changes in the first instance. They get emotional at the slightest matter. They are even vulnerable to other people's emotions. So we may deduce that it is as if there is no boundary around them and anything can get to them. They are easily affected by the environment.

easily trust anything or any person. Moreover, they are impulsive and intuitive so they do not think before any action or reaction.

Relevant rubrics

- MIND; IMPRESSIONABLE, susceptible: foll, lac-h, lac-m, plac
- MIND; SELF-CONTROL; loss of: lac-h
- MIND; SENSES; acute: lac-h, lac-m, plac
- MIND; SENSES; acute; alternating with confusion: plac
- MIND; SENSITIVE; oversensitive: foll, lac-m, plac
- MIND; SENSITIVE; oversensitive; energies, to all: lac-m
- MIND; SENSITIVE; oversensitive; impressions, to all external: lac-m, plac
- MIND; TOUCHED; aversion to being: plac
- MIND; TOUCHED; being, agg.: foll
- MIND; TRIFLES; ailments from, agg.: plac

Excitement and amazement versus retreat and withdrawal:

Matridonal remedies exhibit various reaction patterns, but their basic and primary reaction is to withdraw and hide. They prefer to hide and retreat into a spiritual state, during which they are calm, quiet, and passive. They do not need to do anything there; everything happens spontaneously and rhythmically. Either they are not ready to experience the outside world, or the worldly experiences are huge and uncontrollable and so they prefer to withdraw. The experience of the outside world is much greater than their capacity to bear because their senses are acute and under-developed. The perception of light, colour, brightness, hearing, taste, smell are so sharp that they do not like or cannot bear these and may become dumb or insensitive. From this we can understand why most matridonal personalities prefer to go into an autistic state where they do not feel anything and do not need to give any reaction.

Relevant rubrics for the theme of "excitement and amazement"

- MIND; AMOROUS disposition: lac-h, lac-m, plac (uncontrollable impulses)
- MIND; DELUSIONS; beautiful, wonderful; things look: plac
- MIND; DREAMS; colourful: lac-m
- MIND; EXCITEMENT, excitable: foll, lac-h, lac-m, plac
- MIND; EXCITEMENT, excitable; ailments from, agg.: foll, lac-h, lac-m, plac
- MIND; INDUSTRIOUS, mania, work for: amn-l, lac-h, plac
- MIND; SUDDEN manifestations: lac-h, plac

Relevant rubrics for the theme of "withdrawal and retreat"

- MIND; CONTENTED; oneself, with: plac
- MIND; CURL up, desire to: plac
- MIND; HIDE; oneself, desire to: plac
- MIND; HOME; stay at home, desire to: plac
- MIND; HOMESICKNESS, nostalgic: lac-h

womb. They do not want to transition into the other stages of life. As a consequence, they get stuck at a certain “immature” stage of life.

We can witness an “underdeveloped personality trait” at various instances in the matridonal cases. They are indecisive and irresolute. They are totally dependent and seek help for the smallest requirements. They have extremely low self-confidence and self-assurance. They also have a very low self-worth, and so always feel unable and unfit while attempting something. They feel incapable of coping with even routine life and normal responsibilities.

Relevant rubrics

- MIND; CHILDISH behaviour: lac-h, lac-m
- MIND; CONFIDENCE; want of self: foll, lac-h, plac
- MIND; HANDLE things anymore, cannot, overwhelmed by stress: lac-h, plac
- MIND; HELPLESSNESS; infant, feels like a: lac-h
- MIND; MATHEMATICS, calculating; inept for: lac-h, lac-m
- MIND; TIMIDITY: plac
- MIND; WEEPING, tearful mood; trifles, about: plac
- MIND; WILL; weakness of: foll, plac
- MIND; YIELDING disposition: plac

Pregnancy, womb, baby: Matridonal remedies are medicines prepared from the substances and secretions obtained from pregnancy and childbirth, hormones related to pregnancy and child-birth, and so on. This group of remedies obviously has some correlation with pregnancy, womb, birth, baby, and breast-feeding. It is expressed in the cases as the love for babies, children, animal cubs, and so on. They may desire to get pregnant and have a baby or they may have dreams or images regarding pregnancy, childbirth, and babies. Some patients may express very clear memories of childhood. Some patients may express a desire to go back to the womb-life or be a baby again. Matridonal remedies are best suited to pregnancy or birth-related traumas in women. The patients may have a history of pregnancy-related traumas, such as intense sadness or grief, intense emotional turmoil, intense morning sickness, complete loss of appetite, intense threat of losing the baby, severe illness that may need heavy antibiotics, dreams or images that the baby would die in the womb or giving birth to a dead foetus, frequent and intense spasms or contractions during pregnancy, bleeding via the vagina, leakage of amniotic fluid, placental insufficiency, dry pregnancy – insufficient amniotic fluid, presence of meconium in the amniotic fluid, presence of antibodies against the foetus in the amniotic fluid or mother's blood.

They may also have a history of pre-term or post-term delivery, absence of uterine contractions, prolonged labour, caesarean section delivery, use of oxytocin injections, induced labour, post-

Relevant rubrics

- MIND; CHILDLESS, ailments from being: lac-h, plac
- MIND; CHILDREN; desires to; have, to beget, to nurture: plac
- MIND; COMPANY; desire for; child, desires to be with his: plac
- MIND; DELIVERY, parturition; after, puerperal: foll
- MIND; DREAMS; birth, of: lac-h, lac-m
- MIND; DREAMS; breast feeding: lac-h, lac-m
- MIND; DREAMS; child, children; babies: lac-h, lac-m, plac
- MIND; DREAMS; pregnant, of being: plac
- MIND; LOVE; animals, for; baby animals: lac-m
- MIND; LOVE; children, for: plac

MATRIDONAL GROUPS

It is difficult to categorise matridonal remedies because all matridonal cases appear almost identical. Nevertheless, on thorough examination we may sometimes find some specifics of the remedy in the presenting case and be able to choose one medicine. In my practice I have found following the three groups in matridonal remedies, but these groups are not always helpful for us to pinpoint the case. I advise readers to be open and try to find as much specific data as possible for any particular remedy rather than to rely solely on categorisation.

Womb-life matridonals: Some of these remedies are sourced from the womb-life so these personalities may appear to be more immature and may express womb-life characteristics during casetaking. They need an envelope, covering, or protection and without such a covering they feel exposed and vulnerable. They feel heavenly, light-headed, and dreamy. They manifest a more pronounced buoyant state. They are ungrounded and feel themselves to be a spiritual entity or like an energy. When they ground themselves, they feel dizzy, confused, muddled, unorganised, chaotic, vague, unfocused, foggy or lost. They have a poor sense of personal boundaries and are oversensitive. They are either excited, amazed or withdrawn. These characteristics can be observed in all the womb-life remedies such as *Amnii liquor hominis* (amn-l), *Chorda umbilicalis humana* (chord-u), *Placenta humana* (plac) and *Vernix caseosa* (vern-x).

Hormone-based matridonals: hormone remedies related to pregnancy and birth are *Folliculinum*, *Progesteronum*, *Chorion-gonadotropinum* and *Oxytocinum*. The main concern of hormone remedies in general is about “performance”. They are focused and determined about whatever they are doing. They are perfectionists and complete their job with accuracy. They are workaholic and prefer to always have some work on their hands. They can focus on multiple tasks at a time.

Important characteristics of hormone-based remedies:

- Main concern is about performance



Matridonal remedies are oversensitive, permeable with no boundaries. In this respect they resemble Ranunculaceae plant remedies. Here you can find the materia medica by Constantin Hering on Helleborus niger (Hell., Christmas rose, black hellebore): <http://homeoint.org/books1/heringcondensed/h/helleb.htm>.

Copyright | Helleborus niger / Jürgen Weiland

- Tend to put lot of effort.
- Always struggling for performance.
- Prefer to keep going.
- Fear of failure.

Milk-based matridonals: Milk-based matridonal remedies exhibit a combination of qualities of human beings as well as matridonal substances. On one hand, they present with humanity, altruism, sympathy, morality, and spirituality; while on the other hand, they show all the qualities of matridonal remedies such as a need for protection, low self-esteem, immaturity, intense dependency, buoyancy, changeability, and sensitivity. In addition, these medicines also share characteristics of "lac" remedies like "intense attachment to mother", "issues of motherhood", "missing maternal care", "issues of bonding between baby and mother", "issues with the breast – heaviness and pain in breast before and after menses", "issues of lactation" and so on.



**DR GHANSHYAM
KALATHIA**

has been running a busy homeopathic and online practice in Ahmedabad, India. His publications have appeared in, among others, Homeopathic Links, Homeopathy International UK, Hpathy.com, Similia-Australia and Spectrum of Homeopathy. He is a well-known

author and mentor of homeopaths in India and around the world. He is the author of the books *"Invertebrates in Homeopathy"* and *"Mammals in Homeopathy"*. His articles can be found in homeopathic software such as "Radar Opus" and "Synergy Homeopathic Software".

Contact: drkalathia@gmail.com

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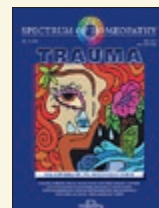
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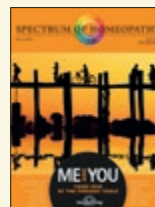
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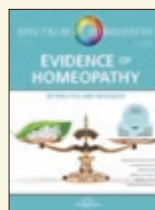
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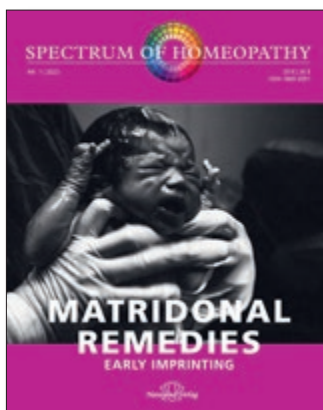
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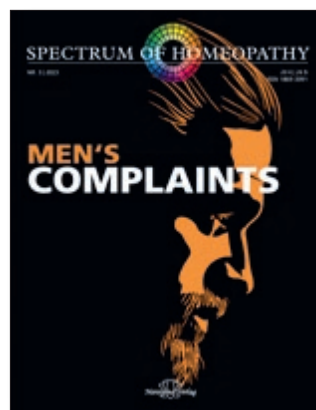
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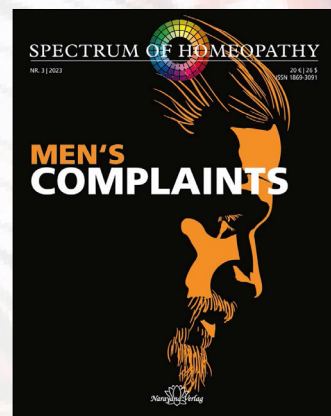
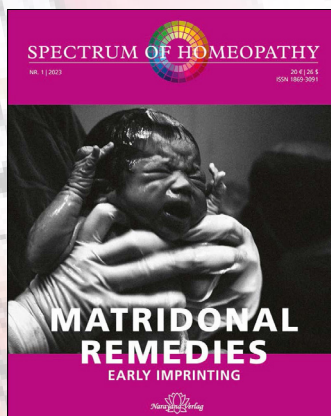
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